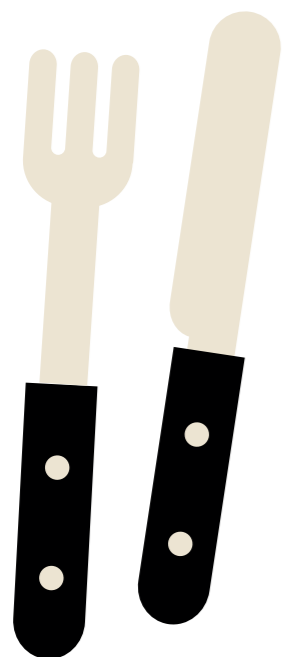
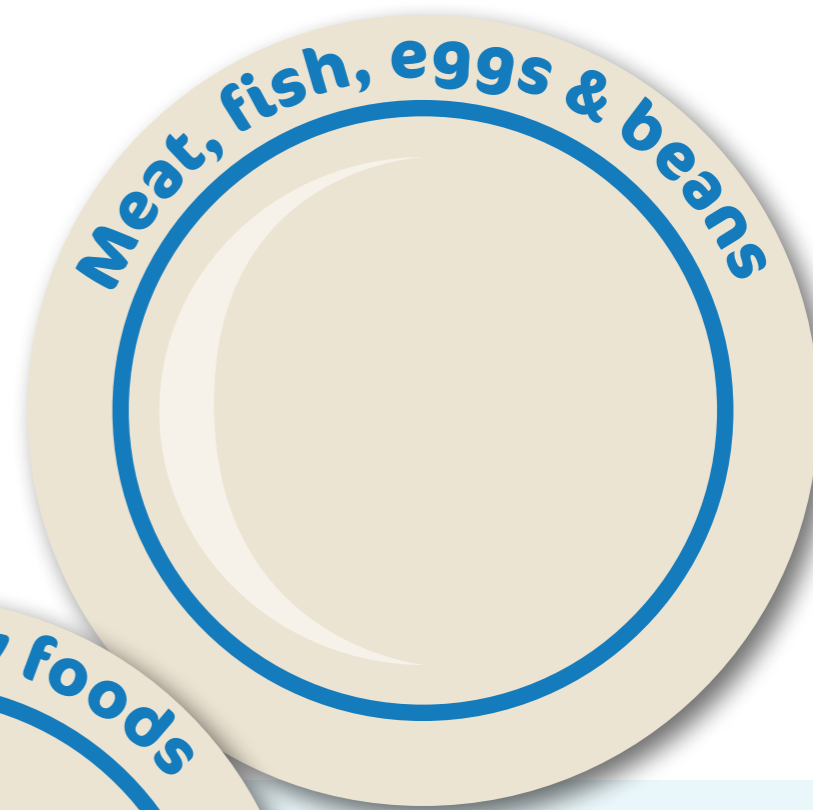
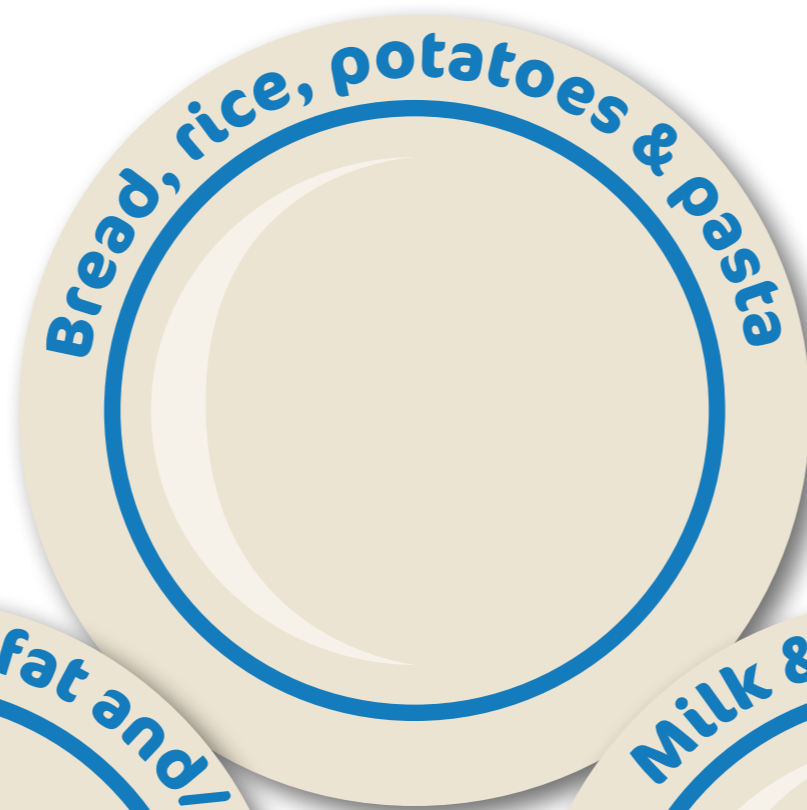
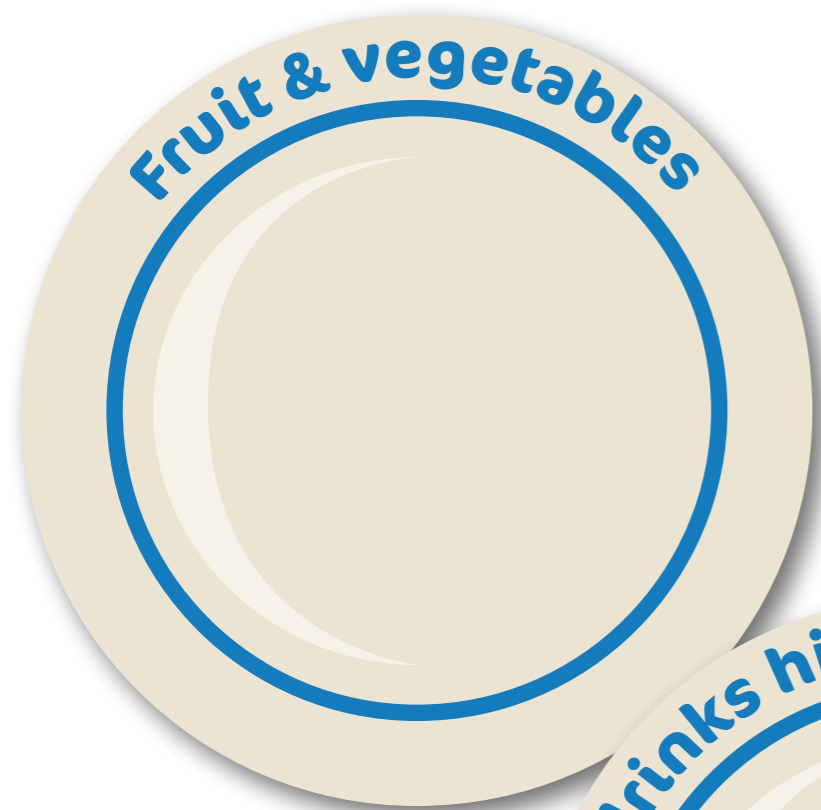


Cracking eggs

Healthy meal plan

Can you put the food choice cards into the right food groups?



Now use what you have learnt to make a meal plan for a healthy breakfast!

My healthy breakfast will be

.....

The ingredients I will use are

.....

.....

.....

.....

